



## SKIN AND BEAUTY

with Dr Ingrid Tall



## BRIGHTEN UP YOUR SKIN

CARBON DIOXIDE DOESN'T just put the fizz in your soft drink; it has also been shown to help improve the elasticity and appearance of skin, especially dark rings under the eyes.

Carboxytherapy is a simple non-surgical cosmetic treatment that administers small amounts of carbon dioxide into the subcutaneous tissue (located just under the skin's surface).

Our bodies naturally produce carbon dioxide, but the administration of additional gas can be used to cause a slight disruption of the red blood cells and increase the blood circulation to the treated area. The treatment was first discovered in the Royal Spas of France in the 1930s, when bathing in pools of carbon dioxide-rich water was shown to speed wound healing.

This therapeutic treatment has recently landed in Brisbane at Cosmetic Image Clinics. Carboxytherapy can be used to target skin flaccidity, dark under-eye circles, stretch marks, sun-damaged skin and cellulite. It can also be used in conjunction with CoolSculpting services for spot reductions of stubborn fat.

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