



SKIN AND BEAUTY

with Dr Ingrid Tall



MANE- TENANCE

WE ALL SHED approximately 100 hairs per day as part of the standard hair growth cycle, but excess loss can be quite distressing.

Hair loss for both men and women can be hard to accept and it can even make you feel self-conscious.

Ageing men aren't the only people who can suffer from loss of hair. It is a non-discriminatory condition, which means it can affect anyone.

Some of the causes of hair loss or baldness (technically known as alopecia) can be severe hairstyles or treatments, hormone imbalances, illness or surgery, medications and nutritional deficits or ageing.

If you've tried all the creams and lotions and are sick of seeing no results, but are reluctant to have hair transplant procedures or surgery, then Regen PRP could be the solution.

This procedure stimulates hair growth using your own platelet-rich plasma; it is a relatively quick procedure, with mild discomfort and minimal downtime, and is a sure way to help you get your desired hair regrowth outcome.

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