

TURN BACK TIME

Style chats with Dr Ingrid Tall from Cosmetic Image Clinics about popular procedures and common misconceptions in the world of cosmetic enhancements.

What are the clinic's most common/popular treatments? Is it Botox and fillers? Yes, we specialise in anti-wrinkle muscle relaxants and dermal skin fillers for a natural looking refresh, but we offer a complete cosmetic solution with a total approach using lasers, IPL, Ultherapy, cosmetic mole removal, and CoolSculpting fat reduction.

What is a common misconception people have about cosmetic surgery and is Botox only suitable for older clients? That you will look fake and it is only done on vain people. The results can boost confidence. We are seeing more people in their 20s who want to slow down the ageing process. Our demographic is often though the late 30s to 60s.

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Do the treatments hurt? A lot of people are needle phobic when it comes to cosmetic injections, so we have lots of tricks to make them more comfortable during their procedure – from numbing cream, the use of vibrations and ice and even injecting them in a massage chair to take their minds off things.

How many years can you take off with cosmetic treatments and how long do the

results last? Once you start at the clinic, often people start looking younger year by year. When you stimulate your own collagen with an injectable collagen booster or fractional resurfacing or Ultherapy saggy skin lifting, it's part of you so you age a lot more slowly.

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